



Sharon Stout-Shaffer, PhD, RN (formerly Searles)

Email: sharonstoutshaffer@gmail.com; sstoutsh@capital.edu

14105 Maple Ridge Road Milford Center, Ohio 43045; 614-378-4928

EDUCATION

1999	Ph.D., College of Nursing - The Ohio State University, Columbus OH
1993	Certification, Guided Imagery - Academy for Guided Imagery, Mill Valley CA
1992	Began graduate study - The Ohio State University, Columbus OH
1984	Certificate, Guided Imagery & Individual/Group Counseling - Kentucky Center of Psychosynthesis
1972	M.S., Summa Cum Laude, Nursing - The Ohio State University, Columbus OH
1969	B.S., Summa Cum Laude, Nursing - The Ohio State University, Columbus OH

WORK EXPERIENCE

2015-2018	<p>Professor Emeritus, Capital University School of Nursing , Columbus, Ohio 43209</p> <p>Nursing Education Specialist, S4Netquest, Columbus, Ohio</p> <p>Dissertation committee faculty , Saybrook University</p>
2001-2015	<p>Professor & Vice-Chair Post Licensure Programs (2007), Capital University School of Nursing, Columbus OH;</p> <p>Principal. Nurse Faculty Education Loan, HRSA grant. Graduate Courses: Nursing Science & Theory; Foundations of Holistic Practice; Advanced Nursing Research; Advanced Role Development; Proposal Writing; chair student theses committee. Campus Committees: Faculty Senate, Institutional Review Board, Undergraduate Research Symposium, Faculty Evaluation; Graduate Program Research interest: Psychoneuroimmunology; Guided Imagery, Relaxation, Stress Management; Caregiver Therapeutic Capacity; Contemplative and Reflective teaching strategies</p>
1999-2000	<p>Assistant Dean, Nursing and Health Services, Franklin University, Columbus OH</p> <p>Program administration for RN - BSN completion, Employee Assistance and Health Care Administration programs. 12 faculty and 300+ students. Developed business plan for web-based curriculum; curses taught Health Promotion and Integrative Therapies for Health Care Professionals. Program closed in 2000.</p>
1996-1998	<p>Adjunct Faculty, Franklin University School of Nursing, Columbus OH</p> <p>Adjunct Faculty, Otterbein College School of Nursing, Westerville OH</p>
1986 - 1991	<p>Director, Nursing Research & Professional Practice, Division of Nursing, Children's Hospital, Columbus OH</p> <p>Adjunct Faculty, The Ohio State University College of Nursing, Columbus OH</p> <p>Accountable for nursing orientation, continuing education, research, quality assurance, information systems and special projects. Principal Investigator, Strengthening Hospital Nursing – interdisciplinary hospital-wide program grant to support patient care. Served on administrative, medical staff, and research committees, including Nursing Executive, Biomedical Review, Animal Research and Medical Continuing Education. Initiated first doctoral-prepared joint appointment between Children's Hospital and The Ohio State University College of Nursing; Implemented Division-wide clinical quality assurance and research program. Co-investigator, "Identifying Nursing Research Priorities at Children's Hospital Using the Delphi Technique," Pinyerd, B., Principal Investigator; Blair, J. & Chavez, R., Co-investigators</p>
1975 - 1986	<p>Associate Director, Nursing Education, Division of Nursing, Children's Hospital, Columbus OH (1980-1986)</p> <p>Assistant Professor, Capital University School of Nursing, Columbus OH (1972-1978)</p> <p>Instructor, The Ohio State University School of Nursing, Columbus OH</p> <p>Project Director-Communicative Interaction: Methodology and Analysis (#NU00401-03), The Ohio State University School of Nursing, Columbus OH (1975-1977)</p>



PROFESSIONAL ORGANIZATIONS

2013-present | UPAYA Institute.
2008-present | American Holistic Nurses Association.
2007-present | Noetic Sciences.
1995-2010 | Midwest Nursing Research Society (MNRS)
1994-1997 | Association of Holistic Healing Centers; Central Ohio Regional Chapter
1972-present | American Nurses Association; Ohio Nurses Association

CERTIFICATIONS

2017 | Social Resilience Model Level 1. Threshold GlobalWorks, Upaya, SantaFe, NM
1993 | Certification, Guided Imagery - Academy for Guided Imagery, Mill Valley CA
1984 | Certificate, Guided Imagery & Individual/Group Counseling - Kentucky Center of Psychosynthesis

PRESENTATIONS & WORKSHOPS FOR PROFESSIONAL

Stout-Shaffer, S. & Dean-Haidet, K. "Non-Pharmacological Comfort Care Education in End of Life Care: Pilot Study". American Holist Nurses Association Annual Conference, Niagara Falls, N. Y. June 6-10, 2018.

Stout-Shaffer, S. Holistic Education: Partnership, Wellbeing and Learning. 0.9 Contact Hour. Capital University, May 1, 2018.

Dean Haidet, K. & Stout-Shaffer, S. "Non-pharmacologic Interventions for Pain and Anxiety: Enhancing Skills for End-of-Life Comfort Care. OhioHealth Hospice 6-week workshop, Columbus, Ohio Offered 5 times: 2016 – ongoing.

Stout-Shaffer, S. "Mindfulness and Wellbeing." Disability Rights Ohio 6-week workshop, Columbus, Ohio. September-December, 2015

Stout-Shaffer, S. "Self-Care for Nurse Educators." Workshop series, Columbus, Ohio. August- October, 2015.

Stout-Shaffer, S. & Shields, D. "Developing Therapeutic Capacity: The Foundation of Teaching Integrative Practices to Health Professionals." 1st International Integrative Nursing Symposium, Reykjavik, Iceland, May 2015.

Shields, D & Stout-Shaffer, S. "Care for the Caregiver: the Essence of Compassionate Caregiving." Capital University Symposium on Aging and Care Giving. April, 2013.

Shields, D. & Stout-Shaffer, S. "Interdisciplinary Explorations of Hope in a Contemporary World." Midwest Care Alliance Annual Conference: Building A Community of Care. Columbus, OH. November, 2011.

Shields, D. & Stout-Shaffer, S. "Interdisciplinary Explorations of Hope in a Contemporary World." The Society of Rogerian Scholars Annual Conference, Unitary Science: Evolution, Refinement, and Innovation. Greensboro, NC. October, 2011.

McDonald, J. & Stout-Shaffer, S. "Spirituality, Forgiveness and an Therapeutic Model of Self Care: Integrating Buddhism and Transpersonal Psychology." Spirituality and Health Annual Conference. Adelaide, Australia. July, 2011.

Shields, D. & Stout-Shaffer, S. "Interdisciplinary Explorations of Hope in a Contemporary World." Holistic Nursing: Tending the Sacred Flow of Life. The AHNA Annual Conference. Louisville, KY. June, 2011.

Blakely, W. & Stout-Shaffer, S. Caregiver Burden of Romantic Partners of Breast Cancer Survivors. Midwest Nursing Research Society, Columbus, Oh. April, 2011.

Shields, D. & Stout-Shaffer, S. AHNA National Teleconference Presentation American Holistic Nurses Association. "Guided Imagery: Practice and Education".

CURRENT RESEARCH/ PROGRAM AWARDS

2019 | Dean-Haidet, K & Stout-Shaffer, S. Non-pharmacologic Interventions for Pain and Anxiety: Enhancing Skills for End-of-Life Comfort Care: Effects of Educational Intervention on Comfort Care Outcomes. Pilot Studies completed. Grant funding in progress.

PUBLICATIONS

Shields, D. & Stout-Shaffer, S. (2019). Self-Development: The foundation of holistic self-care. In Dossey, BM & Keegan, L. *Holistic nursing: A handbook for Practice* (8th). Jones and Bartlett Learning, Burlington MA. In press

Shields, D. & Stout-Shaffer, S. (2015). Self-Development: The foundation of holistic self-care. In Dossey, BM & Keegan, L. *Holistic nursing: A handbook for Practice* (7th). Jones and Bartlett Learning, Burlington MA.

Stout-Shaffer, S.S. (2008). "Effects of relaxation training on physiological and psychological measures of distress and quality of life in HIV seropositive subjects". In Psychoneuroimmunology Research Society conference proceedings.

Stout-Shaffer, S., & Larrabee, J. (1992). Everyone can be a visionary leader. *Nursing Management*, 23(12), 54-58.

Daubenmire, M.J., & Searles, S.S. (1980). A dyadic model for the study of convergence in nurse-patient interaction. In M. Davis (Ed.), *Interaction Rhythms*. New York: Human Services Press.

Searles, S.S., & Ashburn, S. (1980). Psychosocial development of the toddler and preschooler. In C. Schuster & S. Ashburn (Eds.), *The process of human development*. Boston: Little, Brown.

Daubenmire, M.J., Searles, S.S., & Ashton, C.A. (1978). A methodologic framework to study nurse-patient communication. *Nursing Research*, 25, 303-310.

Daubenmire, M.J., Searles, S.S., & Ashton, C.A. (1977). *Synchronics: A notation system for the qualitative and quantitative description of presenting behaviors*. Report, Grant #NU00401-05, Division of Nursing, Bureau of Health Resources, Public Health Service.

Daubenmire, M.J., Searles, S.S., & Ashton, C.A. (1977). *Communicative interaction: Methodology and analysis*. Final report, Grant #NU0041-01, Division of Nursing, Bureau of Health Resources, Public Health Service.

Ashton, C., Daubenmire, J., & Searles, S. (1977). An information database for the study of nurse-patient-physician interactions. In *The value of information: Collection of papers*. Syracuse: Syracuse University Press.



FINANCIAL SUPPORT *Funding for dissertation.

2013-2014	Grant. Stout-Shaffer & Shields, D. \$ 7207. Ohio Commission on Minority Health. "Promoting a Healthy You: Healthy Living with Diabetes.
2010-2011	Capital University Gerhold. Co-Investigator. Karkowski, Stout-Shaffer, Barsnack, Shields, Interdisciplinary Explorations of Hope in a Contemporary World. \$1361. <i>Educational Research grant.</i>
2009-2010	Co-Investigator. Karkowski, A & Stout-Shaffer, S. Effects of Mindful Meditation on Student Stress. <i>Research grant.</i>
2009-2010	Komen Columbus. Stout-Shaffer, S & Blakely, W. \$9964. "Relaxation and Guided Imagery for Symptom Management by Breast Cancer Survivors". <i>Program grant.</i>
2008- 2009	Komen Columbus. Stout-Shaffer, S & Blakely W. \$7346. "Relaxation and Guided Imagery for Symptom Management by Breast Cancer Survivors". <i>Program grant.</i>
2007-2008	Komen Columbus. Stout-Shaffer, S & Blakely, W. \$2154. "Symptom Management for Breast Cancer Survivors and Caregivers: Need Assessment for Self Care Interventions". <i>Research funding.</i>
2006	Faculty Cultural Enrichment Program Grant. \$ 8050. Capital University. Munoz, Cora, Norgard, Lisa and Stout-Shaffer, Sharon. "Cultural and Complementary Health Beliefs and Practices in Peru".
2005	Educational Program Grant. \$2,300. "Traditional Chinese Medicine and Holistic Health." Capital University.
2004	Research funding. Riverside Methodist Hospital Hospice Program. \$3358. Stout-Shaffer, S & Frankenfield, R, Principal Investigators. "Exploring the Effects of Teaching Compassionate Presence on Hospice Staff Spirituality".
2004	Faculty Cultural Enrichment Program Grant. \$ 8,985. Capital University. Kerr, Rita; Munoz, Cora and Stout-Shaffer, Sharon. Support to study Traditional Chinese Medicine at the University of Zhejiang College of Traditional Chinese Medicine, Hangzhou, China.
2002	Grant. \$6000. VanDeusen, Cheryl & Stout-Shaffer, Sharon. "Student Retention Initiative." Capital University.
2001	Grant. \$1,500. "Renewing a Valuable Resource, You the Nurse." Ohio Department of Health. Women's health continuing education program grant.
1998*	Nursing Research Service Award. \$15,748. Predoctoral Fellowship Award - National Institute of Nursing Research. Grant #1-F31-NR07422-01.
1998*	Research Grant. \$1,200. Sigma Theta Tau, Epsilon Chapter, The Ohio State University College of Nursing, Columbus OH
1998	Graduate Traineeship. 2 academic quarters.
1998*	Research Grant. \$1,674. The Ohio State University Clinical Research Center, Columbus OH
1997*	Graduate Student Area Research Award. \$1,500. The Ohio State University, Columbus OH
1994	Graduate Traineeship. 3 academic quarters.
1992	Research Grant. Principal Investigator. Activity Levels of Pediatric Oncology Patients. \$1,840 research award - Children's Hospital, Inc. Research Foundation.
1989	Grant. Project Director: Strengthening Hospital Nursing: A Program to Improve Patient Care. \$50,000 planning grant - Robert Wood Johnson/PEW Charitable Trusts.
1985	Grant. Project Director. Home Intravenous Therapy. \$46,000 program award. Blue Cross of Central Ohio.
1975 - 1977	Research Grant. Co-Investigator, 3rd-year renewal application – Communicative Interaction: Methodology and Analysis – A Study of Communicative Interaction Process \$1,000,000. Division of Nursing, Bureau of Health Resources (#NU0041-03).